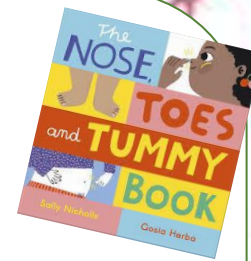


Communication, Language & Literacy



In school we are:

- Sensory story: *The Nose, Toes and Tummy Book*
- Writing own nose, toes and tummy book.
- *Write Dance*: exploring mark making through movement & texture
- Phonics - *Listen & Learn Box*: responding to letter sounds with voice, body & movement
- Using & developing our communication skills through play

At home you could:

- Share the story at home – use lots of expression, touch, and actions to bring it to life.
- Play music and encourage your child to make big movements with their arms, then try drawing the same shapes with crayons, chalk, or paint.
- Play a sound game: make different letter sounds (e.g., “mmm”, “sss”) and see if your child can copy with their voice.
- Use your child’s favourite toys to encourage turn-taking (e.g., rolling a ball back and forth, taking turns to push cars).

Personal, Social, and Emotional Development (PSED)

In school we are:

- Developing our body awareness using mirrors and through massage.
- Developing our sense of self in activities all about us!
- Looking at and sharing photos of ourselves and family.
- Developing our recognition and participation of our toileting routine.
- Celebrating World Mental Health Day, Black History Week and Show Racism the Red Card

At home you could:

- Play in front of a mirror together – point to and name body parts, copy funny faces, or gently massage arms/legs while saying their names.
- Use clear, consistent words and visual cues (like a picture of a toilet) to help your child understand each step of the routine.
- Share a story, song, or picture book that celebrates kindness, diversity, or different cultures, and talk together about what makes people special.

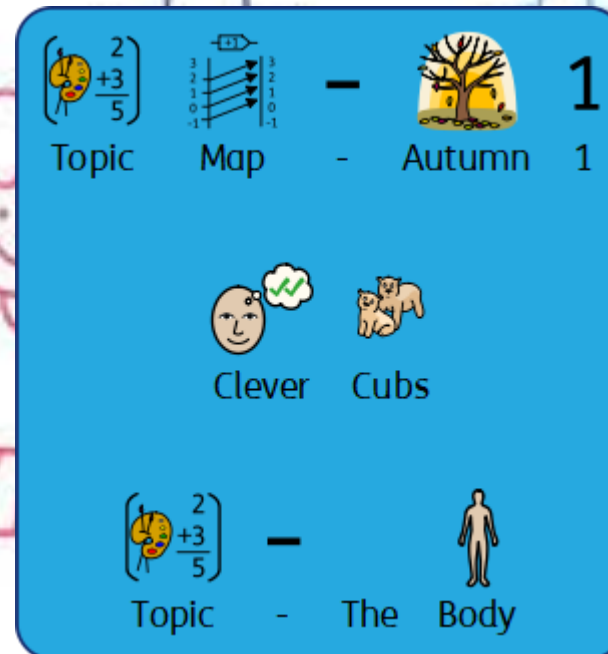
Understanding the World

In school we are:

- Creating a sensory timeline of our lives so far.
- Participating in story massage.
- Using our hands, feet and senses to explore edible messy play resources.

At home you could:

- Look at family photos together and create a timeline – add textures (soft fabric for a baby blanket, sand for a beach holiday, glitter for a birthday).
- Share a favourite story or nursery rhyme and gently use simple massage strokes on your child’s back, hands, or arms to match the



Cognition & Maths

In school we are:

- Choice making & play using switches and adapted toys
- **Number** – Singing number rhymes with movement
- **Shape, Space & Measure** – Direction + Positional language exploring position, space and routes

At home you could:

- Sing simple number songs together (like *Five Little Ducks*) and add actions such as jumping, clapping, or using fingers to show numbers.
- Play a hide-and-seek game with a favourite toy (e.g., put teddy *on the chair, under the blanket, behind the cushion*) and talk about where it is as your child finds it.

Physical Development

In school we are:

Gross Motor

- Balloon and ball games
- Individual physiotherapy programs

Fine Motor

- *Write Dance*

At home you could:

- Use a soft ball indoors for rolling, tapping, or foot kicks. Great for gross motor practice.

Creative Arts

In school we are:

- Making our faces using salt dough
- Painting our teachers faces
- Exploring 3D portraits
- Singing action songs that include body percussion such as “If you’re happy and you know it”

At home you could:

- Build a face using playdough, clay, or even food items (like fruit and veg) to explore different shapes for eyes, nose, and mouth.
- Sing favourite action songs at home (like *If You’re Happy and You Know It*) and encourage your child to join in with claps, stamps, or taps on their tummy.