

Communication, Language & Literacy

In school we are:

- Sensory poem: *She Sells Seashells* - Call-and-response poetry
- Writing own sensory poems
- *Write Dance*: exploring mark making through movement & texture
- Phonics - *Listen & Learn Box*: responding to letter sounds with voice, body & movement
- *Seaside Sensations* (sensory play) to learn yes/no & express preferences
- our actions cause effects in the mark making activity *Write Dance*.

At home you could:

- Create your own “living poem” experience: read *She Sells Seashells* with a fan (sea breeze), water spray (ocean mist), and textured materials like shells or sandpaper.
- Use shaving foam or cornflour on a tray to let your child explore movement with fingers or safe utensils.
- Offer two items (e.g., lemon vs chocolate scent; warm vs cool cloth) and encourage your child to show preference.

Understanding the World

In school we are:

- Sensory Beach Exploration
- Exploring elements of the beach such as sand, water and seashells.
- Role playing the role of lifeguards with small world toys.
- Celebrating the fun of the seaside with a beach party.

At home you could:

- Create a mini beach at home using cereal, rice, or couscous for sand and blue spaghetti or jelly for water. Add toy animals or kitchen tools for sensory play.
- Play beach-themed music (like wave sounds or steel drums), enjoy an ice lolly together, apply suncream for the sensory smell, and have a towel picnic in the garden or by a window.

Physical Development

In school we are:

Gross Motor

- Beach ball games: kicking, pushing, throwing
- Individual physiotherapy programs

Fine Motor

- *Write Dance*
- Pre-circle time challenges: pasta threading, cotton wool pick-up, light box sorting

At home you could:

- Use a soft ball indoors for rolling, tapping, or foot kicks. Great for gross motor practice.

Personal, Social, and Emotional Development (PSED)

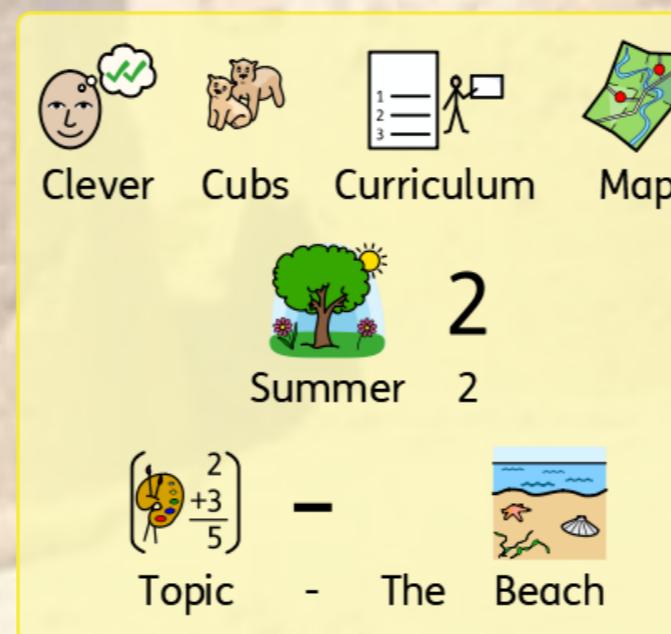
In school we are:

Weather Awareness

- *Winter Warmth Explorers*: clothing for cold
- *Sun Smart Explorers*: clothing for hot
- Dressing dolls for both climates

At home you could:

- Let your child feel suncream, sunglasses, and sunhats. Use mirrors or photos to show how they look in summer gear.
- Create a “feel box” using cold vs warm water, dry sand vs wet sand, feathers vs pebbles. Encourage your child to describe or choose favourites.



Cognition & Maths

In school we are:

- Choice making & play using switches and adapted toys
- **Number** - Parachute games & number songs with counting fish
- **Shape, Space & Measure** - Water & sand play: exploring capacity (full/empty)

At home you could:

- Use old yoghurt pots and bottles in the bath/sink to explore full and empty. Use key words and let them choose which one to pour or fill.
- Use light-up toys or simple sound-button toys and allow independent play. Reward every interaction to build engagement.

Creative Arts

In school we are:

Art

- Sandcastle art with glue and sand
- Salt dough starfish: making and decorating
- “Making waves” canvas using hairdryers and sea salt

Music

- Exploring rhythm with ocean drums & chimes
- Singing a Miss Sophie original “Jingle Shells” with shell shakers
- Performance video shared via Class Dojo

At home you could:

- Play sea wave sounds from YouTube. Gently wave a scarf or towel over your child as they listen. Use pots, pans, and shakers for rhythm play.